## For Immediate Release: Punk band Graduates Rise brings public health message!



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Public health just got cooler! Graduates Rise's new single *Quarantine Not Quarantined* is a pop punk song about the human condition. Guided by Kohlberg's stages of moral development, it is designed to both entertain and treat the level five moral crisis occurring in the USA over the need to wear face masks in public.



Quarantine Not Quarantined the music video interrupts mundane pandemic life with a visual journey through the quantum realm to obtain knowledge about microscopic particles. Wisdom gained there stresses the importance of community safety and mask wearing for our survival. The video features some of the most stylish masks available on <a href="Etsy">Etsy</a> from shops including: <a href="SachikaBoutique">SachikaBoutique</a>, <a href="Bloodlightandbambi">Bloodlightandbambi</a>, <a href="KikiBisous">KikiBisous</a>, <a href="Dare2bStylish">Dare2bStylish</a>, <a href="DinoDame2000">DinoDame2000</a>, <a href="BunkerAndBroomstick">BunkerAndBroomstick</a>, <a href="AngelsandOutlawsCo">AngelsandOutlawsCo</a>, <a href="DildockDystopia">DildockDystopia</a>, <a href="FitMeShirts">FitMeShirts</a>, <a href="Colleenscreativesew">colleenscreativesew</a>, <a href="CustomCornerShop">CustomCornerShop</a>, <a href="Valanashop">Valanashop</a>, <a href="Textilequeen">Textilequeen</a>, <a href="GlamJewelryOnline">GlamJewelryOnline</a>, and <a href="HiperPiperDesigns">HiperPiperDesigns</a>.



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Quarantine Not Quarantined by Graduates Rise

Dr. Cyncorrigble, Lyrics, Vocals

The Grev A, Music, Vocals, Guitar, Synthesizer

Bingham Barnes, Bass

Rollum Haas, Drums

Recorded, Engineered, and Mastered by Jeremy Ferguson at <u>Battletapes</u> in Nashville, Tennessee Album artwork by <u>Marilu Herrera</u>

Music Video Directed, Filmed, and Edited by Alex Baldwin

Co-Produced by <u>Sarah Walton</u> and Dr. Cyncorrigible

Written by Dr. Cyncorrigible

Hair & Makeup by Emaline Briggs

Featuring Darcy Katt, adopted via Project Felix

Support cat rescues via PayPal to ProjectFelixSpecialNeeds@gmail.com



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In addition to being the Songstress for Graduates Rise, Dr. Cyn is also an Assistant Professor of Social Work at Tennessee State University, a small, public, land-grant, historically black university in Nashville, Tennessee where she teaches courses on research, public policy, human behavior, social welfare, gerontology, and health intervention. She is a first-generation college student from a low-income family who also manages disabilities. A personal narrative discussing her educational experiences and how they led her to form Graduates Rise as a teaching tool and a self-care mechanism is titled "First-gens and student debt: Paying more while getting less" and was recently published in an international edited anthology from Brill Sense publishers titled <u>Amplified Voices, Intersecting Identities</u>, <u>Volume 2: First-gen PhDs navigating institutional power in early academic careers</u>.

Graduates Rise formed in 2015 when Dr. Cyn met The Grey A while she was finishing her PhD and living out of her car. Grey provided housing and musical composition to help bring Dr. Cyn's poetry to life, releasing their debut album Math is Hard! on the same day Dr. Cyn defended her dissertation. Graduates Rise submitted Math is Hard! for peer review and was accepted to perform at the 2017 Working Class Studies Association Conference held in Bloomington, Indiana. Their track Slave Body was included on Severe Impact: The Brock Turner Mixtape, an international Riot Grrrl compilation made to support the prevention of sexual assault on college campuses. Dr. Cyn also created the video for their follow-up single Pussygrabher. Graduates Rise has performed at academic events including the 2018 Association of Social and Behavioral Scientists, Inc. Conference and the 2018 United Campus Workers Statewide Convention, for advocacy events like Nashville's 2019 Bianca Page Day and Women's March, and at traditional music venues across the south and up the east coast. A stop-motion animated music video is due to be released in 2021 for their single The Ballad of Pellagra and Graduates Rise is working on their next album titled Canary.

"We sure hope that *Quarantine Not Quarantined* can serve as comfort and inspiration to keep moving forward as we all struggle with the safety conditions resulting from the pandemic." Dr. Cyncorrigible

"This band is not just a political protest but a legitimately good musical experience, and anyone who likes old-school female-fronted punk is gonna get a big kick out of their performance!" <u>Drew Necci, RVA Must See Shows (May 12, 2016)</u>

## Suggested Hashtags

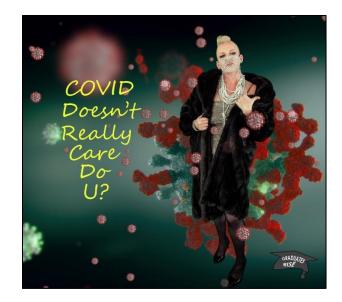
#100DaysOfMasks #MaskUp #StaySafe #COVID19 #Quarantine #Vaccine #GetTheShot #BecauseScience #PublicHealth #Nurses #SocialWork #RiotGrrrl #PopPunk #NashvilleStrong

Please contact Dr. Cyncorrigible at GraduatesRise@gmail.com for further information. Thank you!



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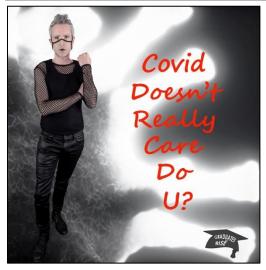












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